

## THE SIGNIFICANCE OF SHAB-E-BARAT (15<sup>th</sup> SHABAAN)

The month of Shabaan was referred to by our Prophet (S.A.W) as being "my month". During this month Prophet P.B.U.H used to fast more than in any month besides the month of Ramadhan.

The 15<sup>th</sup> night of Shabaan is known as **Laylatul-Baraat**. In significance, this night comes next after Laylatul-Qadr (27<sup>th</sup> night of Ramadhan).

Our Prophet P.B.U.H is reported to have said: "*People are not aware of the excellence of the month of Shabaan. In this month the actions of people are presented to Allah, I wish my actions to be presented before Allah whilst I am fasting*".

### BOOK OF DEEDS

At sunset on the 15<sup>th</sup> night of Shabaan, the book of deeds for the past year is closed and stored until the Day of Qiyaamah (Reckoning). At the same time a new book of records is started. The Malaaiakah (Angels) in charge of Births, Deaths, Livelihood are given their instructions by Almighty Allah. These instructions are then carried out at the given times.

The 14<sup>th</sup>, 15<sup>th</sup> and 16<sup>th</sup> of Shabaan should be days of fasting and the nights spent in Duaa and seeking repentance for our sins.

### REPENT

Hazrat Ali R.A has said, "O people spend the 15<sup>th</sup> night of Shabaan in the worship of Allah and keep fast on the 15<sup>th</sup> day. On this night Allah spreads His mercy and calls out:

*'Is there anyone who seeks sustenance that I may grant him?'*

*'Is there anyone who seeks forgiveness that I may forgive him?'*

*'Is there anyone who seeks cure from illness that I may cure him?'*

The call of Allah continues until dawn (Subha Sadiq)

### SEEK PARDON

Also on this night the doors of Mercy and forgiveness are open wide, and those who sincerely grieve over and repent for their past sins and seek forgiveness from Allah are pardoned and forgiven by the grace of Allah the Most Merciful.

Hazrat Abu Bakr (R.A) has said,

"On the night 15<sup>th</sup> Shabaan Allah spreads His Mercy on the Earth and pardons all the sinners except the *Politheists*, the *Hypocrities* and those who *harbour ill feelings* towards their brethren".

### VISIT TO THE CEMETERY

A visit to the cemetery should be made during this night and pray for the deceased's. As the Prophet (S.A.W) has reported as having visited the cemetery on this night and spent a long time therein, lamenting and praying for the deceased's buried therein.

Hazrat Ayesha R.A reports,

"One night, which was the 15<sup>th</sup> night of Shabaan, I did not find the Holy Prophet (S.A.W) in the house so I went in search of him, after a long search I found him in the cemetery in Madina offering dua for the deceased and praying for their forgiveness".

## NAFILS WHICH CAN BE PERFORMED DURING THIS HOLY NIGHT AND GET THE BEST OF BLESSINGS AND REWARDS.

On the 14<sup>th</sup> of Shabaan when the sun is just about to set recite the following: -

1 Tasbih Durood Shareef

1 Tasbih Astagfirullah

40 times "*La Howla Wala Kuwwatah Illah Billah Hil Ali-il Azeem*"

Then repent sincerely and make the best of dua for you and every Muslim.

Other good deeds are as follows: -

Bath before Maghrib and after a bath make 2 rakaats nafil with the niyat of "*Tahiyatul wuzu*" after Alhamdo recite 3 times *Kul Hu wallah*, and then same in the second rakaat.

After Isha Salah the following nafil can be performed: -

- Rakaats nafil in two's and after *Alhamdo* recite 25 times *kul hu wallah* and for this Allah will wash away all the sins made in the past.
- 2 Rakaats nafil after *Alhamdo* recite once *Ayatul Kursi* and 15 times *Kul hu Wallah* and for this 2 rakaats you receive the following reward from Allah. 120 palaces in Paradise and you will be saved from the fire of Hell.
- 2 Rakaats nafil and in this, after *Alhamdo* recite 100 times *Kul Hu wallah* and for this you shall be saved from the fire of hell.
- 4 Rakaats nafil and in this, after *Alhamdo* recite 50 times *Kul hu Wallah* and the following day observe fast, for this 50 years of sins will be washed away.
- 100 rakaats nafil and after *Alhamdo* recite 10 times *Kul Hu Wallah*, and for this Allah will wash away all your sins like a new born baby and all his ambitions will be fulfilled.

**SALATUT-TASBEEH** It is narrated in the Hadith that Prophet (S.A.W) admonished his uncle Hazrat Abbas (RA) to perform SALATUT-TASBEEH and said that the pray was virtuous and by performing it, All his sins, past, present, small, great, new and old would be forgiven.

**Niyyat:** I make Niyyat of performing 4 rakaats nafil salah "Salatut-Tasbeeh" for Allah Taalah, Allahu Akbar. What to recite: *Subhanallahe Walhamdo lillahe Wala Ilaha Illallaho Walla Hu Akbar.*

**When to recite:**

After <i>Subhanakallah Humma</i> and before <i>Alhamdo</i>	15 times
After <i>Alhamdo</i> and Surah	10 times
In Ruku	10 times
After ruku standing	10 times
In the first sajdah	10 times
After the first sajdah and while standing	10 times
In the second sajdah	<u>10 times</u>

Complete in one rakaat, which is 75 times.

Total 75 times

Total amount (75x 4 rakaats) 300 Tasbeeh

**Note:** Every Muslim should perform this *Namaz* once every day or once every week or once every month or once every year or atleast once in his or her life time

### **NAMAAZ-E-AWABEEN**

After the Faraz Sunnat of Maghrib, performance of the minimum of 6 to a maximum of 20 rakaats is called Namaaz-e-Awabeen. One tradition states that performing of six rakaats without indulging in worldly affairs will derive award equivalent to twelve years of nafil prayers. (Tirmizi Sharif).

The tradition in Tibrani says the performer of six rakaats will have all his sins wiped away even though they may have been equal to the foam the waves of the sea. Another Hadith in Tirmizi Sharif says that the performer of 20 rakaats will have a house for himself in paradise.

### **TAHAJJUD NAMAZ**

To wake up in the middle of the night to read Tahajjud is very beneficial. The Almighty Allah is very appreciative of such namaaz. This namaaz bestows or brings the most reward of all the nafilis. One should perform anything from 4 rakaats to 12 rakaats for the Tahajjud Namaaz.

The tradition in Bayhaqi relates that 4 rakaats of Tahajjud is equal to 4 rakaats on Shab-e-Kadr. The performance brings one nearer to Allah, Kaffara. The performance brings one nearer to Allah. Allah bestows his mercy on those who get up to read Namaaz. The Almighty sends a message in the last part of the night saying that if there is any appeal to him it shall be answered and if there is one seeking his forgiveness he shall be forgiven. The doors of His ercy are opened and this is the time when ones seeking his forgiveness he shall be forgiven. The doors of His mercy are opened and this is the time when ones prayers are accepted. If one has not the courage or strength to wake up in the night then it can be performed after Isha although the reward will be much less. One should take advantage when waking up sehri in Ramadhan and perform this Namaz before partaking of sehri.

### **SALAT-UL-KHAIR**

Thirty Sahabahs have reported from the Holy Prophet (S.A.W) that any person who performs this Salah on this night Allah will look at the performer 70 times, each time 70 of his needs and requirements will be fulfilled, the smallest one amongst them, will be that his sins will be forgiven. (gunyatut Talebeen).

**How to perform Salat ul Khair:**

100 rakaats nafil namaaz, consisting of 2 rakaats each. In each rakaat after *Alhamdo* recite *Surah Ikhlaas* (Kul Hu Wallah) 10 times.

Please do try and respect this pamphlet as it bears the name of Almighty.